

Please Note: ALL HMOs need a Referral. Insurance Plans often change referral/authorization requirements; please visit the insurance company's website for additional information. Note: not all providers are contracted with every insurance plan; please contact our office for verification.

Participating Insurance Name	Referral Required?	Authorization Required?
AARP Medicare Complete	Yes, if HMO	
Accountable Health		
Aetna		
Aetna GEHA		
Aetna (Medicare Replacement, Campus Health, or HMO)	✓	
AHCCCS American Indian Health Plan		
AHCCCS Care 1st		✓
AHCCCS CMDP		
AHCCCS Fee for Service		
AHCCCS Mercy Care Plan	✓	✓
AHCCCS HealthChoice AZ		
AHCCCS (LTC, DDD, CRS)		
AHCCCS UHC Community Plan, Developmentally Disabled, Dual Complete		
AHCCCS Banner-University Family Care	✓	
AllWell		
Ameriben Benefit Optional Plan		
AZ Complete Health		
AZ Foundation for Medical Care		
BCBS (incl. Neighborhood Network (NNJ, NNG, XBH, XBK)	Yes, if Neighborhood Network (NNJ)	
BCBS Tall Tree Administrators		
Champ VA		
Cigna	Yes, if HMO	
Coventry HealthCare Workers Compensation		
Encompass Specialty Surgical Network		
HealthWest		
Health Choice Generations		
HMA/HMN/MultiPlan		
Humana (Medicare)		
Humana Plus HMO		
Humana Gold		
Humana POS		
Indian Health Services / Purchase Referred Care (Tribal and Federal)	Yes, and requires PO	Yes, and requires PO
Kaiser Permanente	Self Pay Only	Self Pay Only